



# CHRIST COLLEGE (AUTONOMOUS)

Affiliated to University of Calicut and Accredited by NAAC 'A' Grade

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## Social Skills

### (Value Added Certificate Course)

Course Code: CVAC025 -

#### Summary Report 2019-20

The course started on September 9, 2019. There were 118 students and 116 students completed the course. The course was of 30 hrs duration. Students enjoyed the course and attended very interestingly.

#### Course Outcome:

- Improved ability to communicate with peers and adults.
- Development of self-awareness.
- Improved cooperative teamwork.
- Ability to set and achieve individual goals.
- Development of emotional management skills.

Coordinator: : Dr. Sr. Mariamma K.D



Fr. Dr. Jolly Andrews  
Assistant Professor-  
In-charge of Principal  
Christ College (Autonomous)  
Irinjalakuda